

CLIENT INTAKE FORM



Personal Information

name _____ date of birth _____

street address _____

city _____ state _____ zip _____

cell phone _____

email _____

occupation _____

employer _____

marital status _____ if married, spouse's name _____

referred by _____

emergency contact (relationship, name & phone) _____

physician's name _____ physician's phone _____

Current Health

Have you had a professional massage? Yes No

What are the goals for your treatment? _____

Reason for initial visit: _____

Do you participate in any sports? Yes No
If yes, what kind? _____

Do you perform any repetitive movement in your work, sports or hobby? Yes No If yes, please describe: _____

Do you sit for long hours at a workstation, computer or driving? Yes No If yes, please describe: _____

Do you experience stress in your work, family, or other aspects of life? Yes No If yes, please describe: _____

Are you experiencing tension, stiffness, discomfort or pain?
 Yes No If yes, please describe: _____

Have you recently had an injury, surgery, or area of inflammation? If yes, please describe: _____

Do you have sensitive skin? Yes No

Do you have any allergies to oils, lotions or ointments?
 Yes No If yes, please explain: _____

List any known allergies: _____

List any medications you are currently taking: _____

Health History

Musculoskeletal

- Bone or Joint Disease
- Tendonitis/Bursitis
- Arthritis/Gout
- Jaw Pain (TMJ)
- Lupus
- Spinal Cord Problems
- Migraines/Headaches
- Osteoporosis

Circulatory

- Heart Condition
- Phlebitis/Varicose Veins
- Blood Clots
- High/Low Blood Pressure
- Lymphedema
- Thrombosis/Embolism

Skin

- Rashes
- Cosmetic Surgery
- Athlete's Foot
- Herpes/Cold Sores

Psychological

- Anxiety/Stress Syndrome
- Depression

Other

- Cancer/Tumors
- Diabetes
- Drug/Alcohol/Tobacco Use
- Contact Lenses
- Dentures
- Hearing Aids

Respiratory

- Breathing Difficulty/Asthma
- Emphysema
- Sinus Problems

Nervous System

- Shingles
- Numbness/Tingling
- Pinched Nerve
- Chronic Pain
- Paralysis
- Multiple Sclerosis
- Parkinson's Disease

Reproductive

- Pregnant, stage: _____
- Ovarian/Menstrual Problems
- Prostate Issues

Digestive

- Irritable Bowel Syndrome
- Bladder/Kidney Ailment
- Colitis
- Crohn's Disease

Any other medical Condition(s) not listed: _____



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Primary Insurance Information

client's full name _____ date _____

insurance ID# _____ date of injury _____

Is your condition the result of an auto accident? Yes No
If so, what state did the accident occur? _____

work injury? health condition? other? _____

client's relationship to insured? self spouse child

insured's full name _____ insured's date of birth _____

insured's employer _____ insurance ID# _____

Male Female

address _____

city _____ state _____ zip _____

primary insurance plan name _____

group number _____ plan number _____

phone _____

plan's billing address _____

city _____ state _____ zip _____

Secondary Insurance Information

secondary insurance plan name _____ ID# _____

address _____

city _____ state _____ zip _____

Has an attorney been retained? Yes No

Name _____ Phone _____

Client Agreement

It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success or effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status. **Initial** _____

Assignment of Benefits

I am responsible for all charges for all service provided. In the unfortunate event that my insurance company denies payment, or makes a partial payment, I am responsible for any balance due. If you, my massage therapist, have contracted with my insurance company at a discounted rate for services, the amount remaining will be waived and I will not be asked to pay the balance.

I authorize and direct payment of medical benefits to my massage therapist _____ for services billed. **Initial** _____

Parent or Guardian Signature: _____

Release of Medical Records

I authorize the release of medical records or other health care information, including intake forms, chart notes, reports, correspondence, billing statements, and other written information to my attorneys, healthcare providers, and insurance case managers, for the purpose of processing my claims.

Signature _____ Date _____

Signature of Parent or Legal Guardian (if client is a minor) _____

Contract for Care

I will participate fully as a member of my healthcare team. I will make sound choices regarding my session's plan based upon the information provided by my massage therapist. I agree to participate in my own self-care programs and adhere to the plan we select. I agree to communicate with my practitioner any time I feel my well-being is being compromised. I expect my practitioner to provide safe and effective treatment to the best of his or her skills and knowledge.

Signature _____ Date _____